

# CARRERA DEL ACEITE - NAVALVILLAR DE PELA

29/10/2022

## ABSOLUTA-MASTER

| POS | POS.CAT | Dorsal | Nombre          | Apellidos             | Género    | Club                                 | Categoría  | PASO 1   | PASO 2 | META OFICIAL |
|-----|---------|--------|-----------------|-----------------------|-----------|--------------------------------------|------------|----------|--------|--------------|
| 1   | 1       | 10     | Javier          | Madroñero Agudo       | Masculino | TRIATLON DON BENITO                  | MASTER M   | 00:07:57 |        | 00:16:05     |
| 2   | 1       | 47     | Jose Carlos     | Donoso Martín         | Masculino | CLUB ATLETISMO DON BENITO            | ABSOLUTA M | 00:07:57 |        | 00:16:14     |
| 3   | 2       | 74     | Francisco       | Parra Pino            | Masculino | CLUB ATLETISMO DON BENITO            | ABSOLUTA M | 00:08:15 |        | 00:16:54     |
| 4   | 2       | 6      | Antonio         | García Rodríguez      | Masculino | ATLETISMO LA SERENA                  | MASTER M   | 00:08:32 |        | 00:17:17     |
| 5   | 3       | 27     | Adriano         | Merino Sánchez-romero | Masculino | MARATÓN JEREZ                        | MASTER M   | 00:08:32 |        | 00:17:22     |
| 6   | 1       | 33     | Conchi          | Hidalgo Barrantes     | Femenino  | CEA TENERIFE 1984                    | MASTER F   | 00:09:08 |        | 00:18:27     |
| 7   | 4       | 18     | Avelino         | Trujillo Gómez        | Masculino | INDEPENDIENTE                        | MASTER M   | 00:09:05 |        | 00:18:36     |
| 8   | 5       | 25     | Jose Antonio    | Gómez -valades Escaso | Masculino | CLUB ATLETISMO MIAJADAS              | MASTER M   | 00:09:14 |        | 00:18:44     |
| 9   | 3       | 49     | Javier          | Galet Ávalo           | Masculino | ARTE FISICO                          | ABSOLUTA M | 00:09:03 |        | 00:19:04     |
| 10  | 1       | 38     | Silvia          | Benito Lara           | Femenino  | INDEPENDIENTE                        | ABSOLUTA F | 00:09:09 |        | 00:19:10     |
| 11  | 6       | 19     | Javier          | Galet Andrés          | Masculino | ARTE FISICO                          | MASTER M   | 00:09:42 |        | 00:19:24     |
| 12  | 7       | 11     | Bartolome Jesus | Alfonso Pinilla       | Masculino | AD DON BENITO                        | MASTER M   | 00:09:41 |        | 00:19:33     |
| 13  | 4       | 71     | Miguel Angel    | Tapia Serrano         | Masculino | INDEPENDIENTE                        | ABSOLUTA M | 00:10:07 |        | 00:20:12     |
| 14  | 2       | 20     | Teresa          | Ávalo Calleja         | Femenino  | ARTE FISICO                          | MASTER F   | 00:09:50 |        | 00:20:20     |
| 15  | 8       | 28     | Juan Manuel     | Masa Del Miño         | Masculino | ATLETISMP                            | MASTER M   | 00:10:12 |        | 00:21:20     |
| 16  | 9       | 4      | Fernando        | García Martínez       | Masculino | ATLETISMO ALMENDRALEJO               | MASTER M   | 00:10:21 |        | 00:21:30     |
| 17  | 5       | 73     | Vicente         | Rayo Sanchez          | Masculino | INDEPENDIENTE                        | ABSOLUTA M | 00:10:12 |        | 00:22:09     |
| 18  | 6       | 35     | Jose Antonio    | Cano Serrano          | Masculino | INDEPENDIENTE                        | ABSOLUTA M | 00:10:37 |        | 00:22:30     |
| 19  | 10      | 29     | Juan Antonio    | Arroyo Porras         | Masculino | SIBERA EXTREM                        | MASTER M   | 00:11:02 |        | 00:23:09     |
| 20  | 3       | 30     | Ana Mª          | Cano Aragoneses       | Femenino  | INDEPENDIENTE                        | MASTER F   | 00:11:15 |        | 00:23:30     |
| 21  | 11      | 2      | Mariano         | Donoso Moreno         | Masculino | INDEPENDIENTE                        | MASTER M   | 00:11:20 |        | 00:23:51     |
| 22  | 2       | 40     | Irene           | Ledesma Cano          | Femenino  | INDEPENDIENTE                        | ABSOLUTA F | 00:11:26 |        | 00:25:23     |
| 23  | 12      | 3      | Jose            | Masa Alba             | Masculino | ASOCIACIÓN DE MONTAÑEROS VEGAS ALTAS | MASTER M   | 00:12:52 |        | 00:27:05     |
| 24  | 7       | 72     | Sergio          | Martin Val            | Masculino | INDEPENDIENTE                        | ABSOLUTA M | 00:12:33 |        | 00:27:21     |
| 25  | 3       | 37     | Maria           | Ledesma Cano          | Femenino  | INDEPENDIENTE                        | ABSOLUTA F | 00:14:29 |        | 00:30:28     |
| 26  | 4       | 31     | Maria Remedios  | Rasero Pedrero        | Femenino  | SHAOLIN RUNNERS                      | MASTER F   | 00:14:28 |        | 00:30:29     |
| 27  | 13      | 26     | Jose Miguel     | Muñoz Rodríguez       | Masculino | SHAOLIN RUNNERS                      | MASTER M   | 00:10:45 |        | 00:30:30     |
| 28  | 5       | 8      | Juani           | Sanz Ruiz             | Femenino  | INDEPENDIENTE                        | MASTER F   | 00:14:55 |        | 00:31:26     |
|     |         | 23     | Verónica María  | Traverso Holguin      | Femenino  | LOS GUADALPERALES                    | MASTER F   |          |        |              |
|     |         | 45     | María           | Sierra Rodríguez      | Femenino  | INDEPENDIENTE                        | ABSOLUTA F |          |        |              |
|     |         | 14     | Maria Teresa    | Diaz Cano             | Femenino  | ARTE FISICO                          | MASTER F   |          |        |              |

| POS | POS.CAT | Dorsal | Nombre          | Apellidos          | Género    | Club                                     | Categoría  | PASO 1   | PASO 2 | META OFICIAL |
|-----|---------|--------|-----------------|--------------------|-----------|------------------------------------------|------------|----------|--------|--------------|
|     |         | 7      | Jesus           | Lavado Castillo    | Masculino | INDEPENDIENTE                            | MASTER M   |          |        |              |
|     |         | 9      | Jose Antonio    | García Zambrano    | Masculino | ZAFRA                                    | MASTER M   |          |        |              |
|     |         | 15     | Rose            | Horcajo Mansilla   | Masculino | AD ATLETAS DON BENITO                    | MASTER M   |          |        |              |
|     |         | 24     | Alejandro       | Montero Ramos      | Masculino | CABEZA DEL BUEY                          | MASTER M   |          |        |              |
|     |         | 32     | Juan Jose       | Cidoncha Rodriguez | Masculino | ASFAS                                    | MASTER M   |          |        |              |
|     |         | 39     | Isabel          | Álvaro Ruiz        | Femenino  | INDEPENDIENTE                            | ABSOLUTA F |          |        |              |
|     |         | 48     | Victor Manuel   | Valencia Sancho    | Masculino | DON BENITO                               | ABSOLUTA M |          |        |              |
|     |         | 69     | Julio           | Zazo Cuevas        | Masculino | A.D. ATLETAS DON BENITO.                 | MASTER M   |          |        |              |
|     |         | 46     | María           | Sanchez Serrano    | Femenino  | INDEPENDIENTE                            | ABSOLUTA F |          |        |              |
|     |         | 16     | Remedios        | Marquez Gregorio   | Femenino  | ARTE FISICO                              | MASTER F   |          |        |              |
|     |         | 70     | Cesar           | Astillero Hurtado  | Masculino | ATLETISMO DON BENITO                     | MASTER M   |          |        |              |
|     |         | 22     | Juan Carlos     | Donoso Blázquez    | Masculino | INDEPENDIENTE                            | MASTER M   |          |        |              |
|     |         | 17     | Juan Antonio    | Arroyo Trenado     | Masculino | LA CUMURGA                               | MASTER M   |          |        |              |
|     |         | 42     | Javier          | Serrano Parralejo  | Masculino | INDEPENDIENTE                            | ABSOLUTA M |          |        |              |
|     |         | 1      | Marcelino       | Díaz Taboada       | Masculino | INDEPENDIENTE                            | MASTER M   |          |        |              |
|     |         | 12     | Miguel          | Alcon Frutos       | Masculino | ARTE FISICO                              | MASTER M   |          |        |              |
|     |         | 34     | Angel           | Vargas Almendro    | Masculino | INDEPENDIENTE                            | MASTER M   |          |        |              |
|     |         | 43     | Irene           | Fernández Babiano  | Femenino  | INDEPENDIENTE                            | ABSOLUTA F |          |        |              |
|     |         | 41     | Ismael          | Guerrero Rodriguez | Masculino | CAPEX                                    | ABSOLUTA M |          |        |              |
|     |         | 44     | Álvaro          | Danta Durán        | Masculino | CAPEX                                    | ABSOLUTA M | 00:08:54 |        | 00:16:34     |
|     |         | 5      | José            | Delgado Perez      | Masculino | CA TOLEDO                                | MASTER M   |          |        |              |
|     |         | 50     | Javier          | Arenas Criado      | Masculino | ARTE FISICO                              | ABSOLUTA M |          |        |              |
|     |         | 36     | Alberto         | Nogales Ramallo    | Masculino | CTPR                                     | ABSOLUTA M |          |        |              |
|     |         | 13     | Emiliano        | Gomez Cerro        | Masculino | LOS GUADALPERALES                        | MASTER M   |          |        |              |
|     |         | 21     | Maria Guadalupe | Romero Arroyo      | Masculino | CLUB VEHÍCULOS HISTÓRICOS<br>CIUDAD REAL | MASTER M   | 00:17:22 |        | 00:26:39     |

# CARRERA DEL ACEITE - NAVALVILLAR DE PELA

29/10/2022

## ABSOLUTA-MASTER

| Pos.              | Nombre                        | Dorsal | Club                      | Tiempo   |
|-------------------|-------------------------------|--------|---------------------------|----------|
| <b>ABSOLUTA M</b> |                               |        |                           |          |
| 1                 | JOSE CARLOS DONOSO MARTÍN     | 47     | CLUB ATLETISMO DON BENITO | 00:16:14 |
| 2                 | FRANCISCO PARRA PINO          | 74     | CLUB ATLETISMO DON BENITO | 00:16:54 |
| 3                 | JAVIER GALET ÁVALO            | 49     | ARTE FISICO               | 00:19:04 |
| <b>ABSOLUTA F</b> |                               |        |                           |          |
| 1                 | SILVIA BENITO LARA            | 38     | INDEPENDIENTE             | 00:19:10 |
| 2                 | IRENE LEDESMA CANO            | 40     | INDEPENDIENTE             | 00:25:23 |
| 3                 | MARIA LEDESMA CANO            | 37     | INDEPENDIENTE             | 00:30:28 |
| <b>MASTER M</b>   |                               |        |                           |          |
| 1                 | JAVIER MADROÑERO AGUDO        | 10     | TRIATLON DON BENITO       | 00:16:05 |
| 2                 | ANTONIO GARCÍA RODRÍGUEZ      | 6      | ATLETISMO LA SERENA       | 00:17:17 |
| 3                 | ADRIANO MERINO SÁNCHEZ-ROMERO | 27     | MARATÓN JEREZ             | 00:17:22 |
| <b>MASTER F</b>   |                               |        |                           |          |
| 1                 | CONCHI HIDALGO BARRANTES      | 33     | CEA TENERIFE 1984         | 00:18:27 |
| 2                 | TERESA ÁVALO CALLEJA          | 20     | ARTE FISICO               | 00:20:20 |
| 3                 | ANA Mª CANO ARAGONESES        | 30     | INDEPENDIENTE             | 00:23:30 |

# CARRERA DEL ACEITE - NAVALVILLAR DE PELA SUB16

29/10/2022

| POS | Nombre      | Apellidos          | Dorsal | Categoría | Club                            | Pos Gen | Pos Cat | Tiempo          | Ritmo    |
|-----|-------------|--------------------|--------|-----------|---------------------------------|---------|---------|-----------------|----------|
| 1   | Fernando    | Juez Pozo          | 57     | SUB16 M   | INDEPENDIENTE                   | 1       | 1       | <b>00:08:36</b> | 3'26"/km |
| 2   | Ricardo     | Gallardo           | 55     | SUB16 M   | INDEPENDIENTE                   | 2       | 2       | <b>00:10:18</b> | 4'07"/km |
| 3   | Claudia     | Madroñero Triguero | 53     | SUB16 F   | CLUB ATLETISMO MIAJADAS         | 1       | 1       | <b>00:10:38</b> | 4'15"/km |
| 4   | Dario       | Muñoz Rasero       | 56     | SUB16 M   | SHAOLIN RUNNERS                 | 3       | 3       | <b>00:14:58</b> | 5'59"/km |
|     | Andrea      | Buena vida Cotrina | 51     | SUB16 F   | ATLETISMO VALENCIA DE ALCÁNTARA |         |         |                 |          |
|     | Samuel      | Barradas Méndez    | 54     | SUB16 M   | ATLETISMO VALENCIA DE ALCÁNTARA |         |         |                 |          |
|     | Juan Carlos | Donoso Cano        | 52     | SUB16 M   | INDEPENDIENTE                   |         |         |                 |          |

# CARRERA DEL ACEITE - NAVALVILLAR DE PELA

29/10/2022

**SUB16**

| Pos.           | Nombre                     | Dorsal | Club                    | Tiempo   |
|----------------|----------------------------|--------|-------------------------|----------|
| <b>SUB16 M</b> |                            |        |                         |          |
| 1              | FERNANDO JUEZ POZO         | 57     | INDEPENDIENTE           | 00:08:36 |
| 2              | RICARDO GALLARDO           | 55     | INDEPENDIENTE           | 00:10:18 |
| 3              | DARIO MUÑOZ RASERO         | 56     | SHAOLIN RUNNERS         | 00:14:58 |
| <b>SUB16 F</b> |                            |        |                         |          |
| 1              | CLAUDIA MADROÑERO TRIGUERO | 53     | CLUB ATLETISMO MIAJADAS | 00:10:38 |